

The Everyday Kitchen

Chopped Greek Salad - *serves 4*

Ingredients

1 Red Bell Pepper, diced
2 Cucumbers, diced with skin on
1/2 Red Onion, diced
1 1/2 c Grape Tomatoes, halved
1 c Crumbled Feta Cheese
1 tbsp Olive Oil
1/2 tbsp Balsamic Vinegar
Salt and Pepper

Combine the vegetables in a bowl. In a separate bowl, whisk together the olive oil, vinegar, salt and pepper. Toss to combine. Serve chilled.

Nutrition Information (Approximate Values): 175 Calories, 9g Fat, 3g Fiber, 7g Protein, 15g Carbohydrates